

# Your Medicare Handbook

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# How to use Your Medicare Handbook

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This is *Your Medicare Handbook*. It tells you what Medicare is and how it works. Keep the handbook where you can find it. Then, when you need medical care, you can use the handbook to find out whether the services you need are covered by Medicare and how much Medicare can pay.

Medicare will help pay for many of your health care expenses, but not all of them. You should know in advance what expenses Medicare does not cover. On pages 44 and 45 there is a list of the services and supplies Medicare cannot pay for and some that Medicare can pay for only under certain conditions.

Page 51 tells you how to submit your medical insurance claims, and beginning on page 55 there is an address list showing where to send your claims.

Page 42 tells you what to do if you think there has been a mistake in a Medicare decision or the amount of payment.

As you read the handbook, you will see stars (\*) by some words. A star means there is a footnote at the bottom of the page that will give you additional information.

A supplement to this handbook explains coverage and payment for kidney dialysis and kidney transplant services. If you are receiving these services, please contact any Social Security office for a copy of the supplement.

As changes occur in the Medicare program, we will keep you informed. Whenever you can't find information you need in this handbook, call a Social Security office or your Medicare carrier.

Local Social Security offices are listed in the telephone directory under "Social Security Administration." Medicare carriers are listed on pages 55-61 of this handbook.

# What is Medicare

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Medicare is a Federal health insurance program for people 65 or older and certain disabled people. It is run by the Health Care Financing Administration. Local Social Security Administration offices take applications for Medicare and provide information about the program.

Medicare has two parts—hospital insurance and medical insurance. Hospital insurance can help pay for inpatient hospital care, inpatient care in a skilled nursing facility, and home health care. Medical insurance can help pay for medically necessary doctors' services, outpatient hospital services, and a number of other medical services and supplies that are not covered by the hospital insurance part of Medicare. Medical insurance also can pay for home health services.

Medicare does not pay the full cost of some covered services. The amounts Medicare does not pay are described in this handbook. As general health care costs rise, these amounts may increase. If they do, we will notify you. For people with very low incomes, the Medicaid program in their State may pay the amounts Medicare does not pay and may pay some health care expenses not covered by Medicare. For information about private health insurance to supplement Medicare, see page 50.

Medicare payments are handled by private insurance organizations under contract with the Government. Organizations handling claims from hospitals, skilled nursing facilities, and home health agencies are called **intermediaries**. Organizations handling claims from doctors and other suppliers of services covered under the medical insurance part of Medicare are called **carriers**.

# Your Medicare card

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Be sure you keep the Medicare health insurance card we sent you. The card shows the Medicare protection you have (hospital insurance, medical insurance, or both) and the date your protection started. If you don't have both parts of Medicare, see page 46 to find out how you can get the part you don't have.

The card also shows your health insurance claim number. The claim number has 9 digits and a letter. In some cases, there will be another number after the letter. Be sure to put your full claim number on all Medicare claims and correspondence. If a husband and wife both have Medicare, they get separate cards and different claim numbers. Each must use the exact name and claim number shown on his or her card.

## **Important things to remember**

- ▶ Always show your Medicare card when you receive services that Medicare can help pay for.
- ▶ Always write your health insurance claim number (including the letter) on any bills you send in and on any correspondence about Medicare. Also, have your Medicare card available if you make a telephone inquiry.
- ▶ Carry your card with you whenever you are away from home. If you ever lose it, immediately ask the people in any Social Security office to get you a new one.
- ▶ Do not use your Medicare card before the effective date shown on your card.
- ▶ Medicare cards made of metal or plastic, which are sold by some manufacturers, are not a substitute for your officially issued Medicare card.



# Who can provide services or supplies under Medicare

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Health care organizations and professionals providing services to Medicare beneficiaries must meet all licensing requirements of State or local health authorities. The organizations and persons shown below also must meet additional Medicare requirements before payments can be made for their services:

- ▶ Hospitals
- ▶ Skilled nursing facilities
- ▶ Home health agencies
- ▶ Independent diagnostic laboratories and organizations providing X-ray services
- ▶ Organizations providing outpatient physical therapy and speech pathology services
- ▶ Ambulance firms
- ▶ Chiropractors
- ▶ Independent physical therapists (those who furnish services in your home or in their offices)
- ▶ Facilities providing kidney dialysis or transplant services
- ▶ Rural health clinics

All hospitals, skilled nursing facilities, and home health agencies participating in the Medicare program must comply with title VI of the Civil Rights Act, which prohibits discrimination because of race, color, or national origin.

Except for certain situations described later in this handbook, Medicare cannot pay for care you get from a non-participating hospital, skilled nursing facility, or home health agency.

You should always make sure that the persons or organizations providing services are approved for Medicare payments. If you are not sure, ask them.

# Two important rules

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Under the law, Medicare does not cover custodial care or care that is not “reasonable and necessary” for the diagnosis or treatment of an illness or injury.\* These two rules are explained on this page and the next page.

## **Care that is custodial**

Care is considered custodial when it is primarily for the purpose of meeting personal needs and could be provided by persons without professional skills or training. For example, custodial care includes help in walking, getting in and out of bed, bathing, dressing, eating, and taking medicine. Even if you are in a participating hospital or skilled nursing facility or you are receiving care from a participating home health agency, Medicare does not cover your care if it is mainly custodial.

## **\*Waiver of liability**

There is a provision in the Medicare law that says you will not be held responsible for paying for such care if you could not reasonably be expected to know it was not covered by Medicare. This provision is called “waiver of beneficiary liability.” Waiver applies only when the care is not covered because it was custodial care or was not reasonable or necessary for diagnosis or treatment. Also, the waiver provision does not apply to medical insurance claims unless the doctor or other person who furnished the services agreed to payment under the assignment method.



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### **Care that is not reasonable and necessary**

If a doctor places you in a hospital or skilled nursing facility when the kind of care you need could be provided elsewhere, your stay would not be considered reasonable and necessary. So Medicare could not cover your stay. If you stay in a hospital or skilled nursing facility longer than you need to be there, Medicare payments would end when further inpatient care is no longer reasonable and necessary.

To help Medicare decide whether inpatient care is reasonable and necessary, each hospital and skilled nursing facility has a Utilization Review Committee, which is made up of at least two doctors. And in most parts of the country there are Professional Standards Review Organizations, which are made up of local doctors who review the care prescribed by their fellow doctors. If, after a medical review, the doctors on the Utilization Review Committee or in the Professional Standards Review Organization find that inpatient care is not medically necessary, Medicare hospital insurance cannot pay for any days of inpatient care that they decide are unnecessary.

If a doctor (or other practitioner) comes to treat you or you visit him or her for treatment more often than is the usual medical practice in your area, Medicare would not cover the “extra” visits unless there are medical complications. Medicare cannot cover more services than are reasonable and necessary for your treatment. Any decision of this kind is always based on professional medical advice.

Some health care services and supplies are not generally accepted by the health community as being reasonable or necessary for diagnosis and treatment. This includes acupuncture, histamine therapy, and various kinds of medical equipment. Medicare cannot cover services and supplies unless they are generally recognized as safe and effective by the health community.

# Your Medicare hospital insurance

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Medicare hospital insurance helps pay for three kinds of care. The three kinds of care are (1) inpatient hospital care, (2) medically necessary inpatient care in a skilled nursing facility after a hospital stay, and (3) home health care.

There is a limit on how many days of hospital or skilled nursing facility care Medicare can help pay for in each benefit period.\* But, your hospital insurance protection is renewed every time you start a new benefit period.

Medicare hospital insurance will pay for most but not all of the services you receive in a hospital or skilled nursing facility or from a home health agency. There are covered services and non-covered services under each kind of care. Covered services are services and supplies that hospital insurance can pay for.

## **\*Benefit period**

A benefit period is a way of measuring your use of services under Medicare hospital insurance. Your first benefit period starts the first time you enter a hospital after your hospital insurance begins. A benefit period ends when you have been out of a hospital or other facility primarily providing skilled nursing or rehabilitation services—whether or not it participates in Medicare—for 60 days in a row (including the day of discharge). There is no limit to the number of benefit periods you can have.

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The next two chapters tell you more about inpatient hospital care and inpatient care in a skilled nursing facility. Home health care is explained in the chapter beginning on page 37. There is a list of covered and non-covered services in each of these chapters.

You do not have to send us any bills for care you receive from a participating hospital, skilled nursing facility, or home health agency. Medicare will pay its share of the costs directly to the place where you received the care.

Whenever a hospital, skilled nursing facility, or home health agency sends Medicare a hospital insurance claim for payment, you will get a notice that explains the decision made on the claim and shows what services Medicare paid for. The notice is called *Medicare Hospital, Extended Care, and Home Health Benefits Record*. If you have any questions about the notice, get in touch with the intermediary or call a Social Security office.

If you receive covered services from a non-participating hospital (see page 15) or from a Canadian or Mexican hospital (see page 16), the hospital can tell you about Medicare payment arrangements.



# When you are a hospital inpatient

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Medicare hospital insurance can help pay for inpatient hospital care if **all** of the following four conditions are met: (1) a doctor prescribes inpatient hospital care for treatment of your illness or injury, (2) you require the kind of care that can only be provided in a hospital, (3) the hospital is participating in Medicare, and (4) the Utilization Review Committee of the hospital or a Professional Standards Review Organization does not disapprove your stay.

Hospital insurance can help pay for up to 90 days of medically necessary inpatient hospital care in each benefit period.

From the 1st day through the 60th day in each benefit period, hospital insurance pays for all covered services **except the first \$260**. This is called the hospital insurance deductible. The hospital may charge you the deductible amount only for your first admission in each benefit period. If you are discharged and then readmitted before the benefit period ends, you do not have to pay the deductible again.

From the 61st through the 90th day in a benefit period, hospital insurance pays for all covered services **except for \$65 a day**. The hospital may charge you for the \$65 a day.

Page 14 explains how hospital reserve days can help with your expenses if you ever need more than 90 days of inpatient hospital care in a benefit period.

Hospital insurance does **not** cover your doctor's services even though you receive them in a hospital. Doctors' services are covered under Medicare medical insurance. Page 21 tells how medical insurance helps with doctor bills.

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**Major services covered when you are a hospital inpatient**  
*Medicare hospital insurance can pay for these services.*

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- 1 A semiprivate room (2 to 4 beds in a room)
  - 2 All your meals, including special diets
  - 3 Regular nursing services
  - 4 Costs of special care units, such as an intensive care unit, coronary care unit, etc.
  - 5 Drugs furnished by the hospital during your stay
  - 6 Blood transfusions furnished by the hospital during your stay (see page 40 for information about coverage of blood)
  - 7 Lab tests included in your hospital bill
  - 8 X-rays and other radiology services, including radiation therapy, billed by the hospital
  - 9 Medical supplies such as casts, surgical dressings, and splints
  - 10 Use of appliances, such as a wheelchair
  - 11 Operating and recovery room costs, including hospital costs for anesthesia services
  - 12 Rehabilitation services, such as physical therapy, occupational therapy, and speech pathology services
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**Some services not covered when you are a hospital inpatient**  
*Medicare hospital insurance **cannot** pay for these services.*

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- 1 Personal convenience items that you request such as a television, radio, or telephone in your room
  - 2 Private duty nurses
  - 3 Any extra charges for a private room, unless it is determined to be medically necessary
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### **Hospital inpatient reserve days**

We said earlier that Medicare will help pay for your care in a hospital for up to 90 days in each benefit period. But what happens if you have a long illness and have to stay in the hospital for more than 90 days? Medicare hospital insurance includes an extra 60 hospital days you can use if this ever happens. These extra days are called reserve days. Hospital insurance pays for all covered services **except for \$130 a day** for each reserve day you use. You are responsible for this \$130. **Once you use a reserve day you never get it back.** Reserve days are **not** renewable like your 90 hospital days in each benefit period.

Since you have only 60 reserve days in your lifetime, you can decide yourself when you want to use them. After you have been in the hospital 90 days, you can use all 60 reserve days at one time if you have to stay in the hospital that long. But you don't have to use your reserve days right away if you don't want to. Maybe you have private insurance that can help pay your hospital bill if an illness keeps you in the hospital for more than 90 days. If you don't want to use your reserve days, you must tell the hospital in writing ahead of time. Otherwise, the extra days you need to be in the hospital will automatically be taken from your reserve days .



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### **Care in a non-participating U.S. hospital**

Usually, Medicare hospital insurance can help with your bills only if you are a patient in a participating hospital. But, hospital insurance can help pay for care in a qualified non-participating hospital if (1) you are admitted to the non-participating hospital for emergency treatment and (2) the non-participating hospital is the closest one to get to that is equipped to handle the emergency. Under Medicare, emergency treatment means treatment that is immediately necessary to prevent death or serious impairment to health.

If the hospital elects to submit the claim for Medicare payment, Medicare will pay the hospital directly, except for any deductible or co-insurance amount. If the hospital does not submit the claim, you may submit the claim and receive payment. Any Social Security office can help you file the claim. Hospital insurance can pay for about two-thirds of the cost of a covered inpatient stay in a non-participating, qualified hospital.

### **Care in a psychiatric hospital**

Hospital insurance can help pay for **no more than** 190 days of care in a participating psychiatric hospital in your lifetime. Once you have used these 190 days, hospital insurance cannot pay for any more care in a psychiatric hospital, even if you have some or all of your reserve days left.

Also, there is a special rule that applies if you are in a participating psychiatric hospital at the time your hospital insurance starts. Any Social Security office can give you information about this special rule.

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### **Care in a foreign hospital**

Medicare generally cannot pay for hospital or medical services outside the United States.\* But, it can help pay for care in qualified Canadian or Mexican hospitals in three situations. These are: (1) you are in the U.S. when an emergency occurs and a Canadian or Mexican hospital is closer than the nearest U.S. hospital which can provide the emergency services you need, (2) you live in the U.S. and a Canadian or Mexican hospital is closer to your home than the nearest U.S. hospital which can provide the care you need, regardless of whether or not an emergency exists, and (3) you are in Canada traveling by the most direct route to or from Alaska and another State and an emergency occurs which requires that you be admitted to a Canadian hospital. (This provision does not apply if you are vacationing in Canada.)

When hospital insurance covers your inpatient stay in a Canadian or Mexican hospital, your medical insurance can cover necessary doctors' services and any required use of an ambulance. If the hospital does not submit the claim to Medicare, any Social Security office will help you get Medicare payment for the covered services you receive.

### **Care in a Christian Science sanatorium**

Medicare hospital insurance can help pay for inpatient hospital and skilled nursing facility services you receive in a participating Christian Science sanatorium if it is operated, or listed and certified by, the First Church of Christ, Scientist, in Boston. You can get more information from any Social Security office.

### **\*United States**

Puerto Rico, the Virgin Islands, Guam, American Samoa, and the Northern Mariana Islands are considered part of the United States, along with the 50 States and the District of Columbia.

# Inpatient care in a skilled nursing facility

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After you have been in a hospital, Medicare hospital insurance can help pay for inpatient care in a participating skilled nursing facility\* if your condition still requires daily skilled nursing or rehabilitation services which, as a practical matter, can only be provided in a skilled nursing facility.

Hospital insurance can help pay for care in a skilled nursing facility if **all** of the following five conditions are met:

(1) you have been in a hospital at least 3 days in a row (not counting the day of discharge) before your transfer to a participating skilled nursing facility, (2) you are transferred to the skilled nursing facility because you require care for a condition which was treated in the hospital, (3) you are admitted to the facility within a short time (generally within 30 days) after you leave the hospital, (4) a doctor certifies that you need, and you actually receive, skilled nursing or skilled rehabilitation services on a daily basis, and (5) the facility's Utilization Review Committee or a Professional Standards Review Organization does not disapprove your stay.

**All** five conditions must be met. But it's especially important to remember the requirement that you must need skilled nursing care or skilled rehabilitation services on a daily basis.

## **\*Skilled nursing facility**

A skilled nursing facility is a specially qualified facility which has the staff and equipment to provide skilled nursing care or rehabilitation services and other related health services. In some facilities, only certain portions participate in Medicare. If you are not sure whether a facility or a particular portion participates in Medicare, ask someone at the facility or call a Social Security office.



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Skilled nursing care means care that can only be performed by, or under the supervision of, licensed nursing personnel. Skilled rehabilitation services may include such services as physical therapy performed by, or under the supervision of, a professional therapist. The skilled nursing care and skilled rehabilitation services you receive must be based on a doctor's orders.

Hospital insurance cannot pay for your stay if you need skilled nursing or rehabilitation services only occasionally, such as once or twice a week, or if you do not need to be in a skilled nursing facility to get skilled rehabilitation services. And, hospital insurance cannot pay for your stay if the rehabilitation services are no longer improving your condition and could be carried out by someone other than a physical therapist or physical therapist assistant. Also, hospital insurance cannot pay for your stay if you are in a skilled nursing facility mainly because you need custodial care (see page 8).

When your stay in a skilled nursing facility is covered by Medicare, hospital insurance can help pay for up to 100 days in each benefit period, but **only** if you need daily skilled nursing care or rehabilitation services for that long.

If you leave a skilled nursing facility and are re-admitted within 30 days, you do not have to have a new 3-day stay in the hospital in order for your care to be covered. If you have some of your 100 days left and you need skilled nursing or rehabilitation services on a daily basis for further treatment of a condition treated during your previous stay in the facility, your care can be covered.

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In each benefit period, hospital insurance pays for all covered services for the first 20 days you are in a skilled nursing facility. For the 21st through 100th day, hospital insurance pays for all covered services **except for \$32.50 a day**. You may be charged this amount by the skilled nursing facility.

Hospital insurance does **not** cover your doctor's services while you are in a skilled nursing facility. Medicare medical insurance covers doctors' services. Page 21 tells you how medical insurance helps with doctor bills.

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## **Major services covered when you are in a skilled nursing facility**

*Medicare hospital insurance can pay for these services.*

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- 1** A semiprivate room (2 to 4 beds in a room)
  - 2** All your meals, including special diets
  - 3** Regular nursing services
  - 4** Rehabilitation services, such as physical, occupational, and speech therapy
  - 5** Drugs furnished by the facility during your stay
  - 6** Blood transfusions furnished to you during your stay (see page 40 for information about coverage of blood)
  - 7** Medical supplies such as splints and casts
  - 8** Use of appliances such as a wheelchair
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## **Some services not covered when you are in a skilled nursing facility**

*Medicare hospital insurance **cannot** pay for these services.*

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- 1** Personal convenience items you request such as a television, radio, or telephone in your room
- 2** Private duty nurses
- 3** Any extra charges for a private room, unless it is determined to be medically necessary



# Your Medicare medical insurance

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Medicare medical insurance can help pay for (1) doctors' services, (2) outpatient hospital care, (3) outpatient physical therapy and speech pathology services, (4) home health care, and (5) many other health services and supplies which are not covered by Medicare hospital insurance.

The following chapters will tell you more about these different kinds of care, the services that are and are not covered by medical insurance, and what part of your medical expenses Medicare can pay.

There is a basic payment rule under medical insurance. After you have \$75 in **approved charges** (see page 22) for covered medical expenses in each calendar year, medical insurance will pay 80 percent of the **approved charges** for any additional covered services you receive during the rest of the year. You are responsible for the remaining 20 percent.

Your first \$75 in covered expenses in each calendar year is called the medical insurance deductible. You need to meet this \$75 deductible only once in a calendar year. The deductible can be met by any combination of covered expenses. You do not have to meet a separate deductible for each different kind of covered service you might receive.

# Approved charges

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Medicare medical insurance payments are **not** based on your doctor's or supplier's\* **current** charges. They are based on what the law defines as "reasonable charges" — the amounts approved by the Medicare carrier. Because of the way the approved amounts are determined and because of high rates of inflation in medical care prices, the charges approved are often **less** than the actual charges billed by doctors and suppliers. Medical insurance can pay only 80 percent of the approved charge, even if it is less than the actual charge.

The Medicare carrier for your area determines the approved charges for covered services and supplies under a procedure prescribed in the Medicare law. Each year, the carrier reviews the actual charges made by doctors and suppliers in your area during the previous year. Based on this review, new approved charges are put into effect about July 1 of each year.

Here's how approved charges are determined.

First, the carrier determines the **customary** charge (generally the charge most frequently made) by each doctor and supplier for each separate service or supply furnished to patients in the previous calendar year.

Next, the carrier determines the **prevailing** charge for each covered service and supply. The prevailing charge is the amount which is high enough to cover the customary charges in three out of every four bills submitted in the pre-

## \*Suppliers

Suppliers are persons or organizations, other than doctors or health care facilities, that furnish equipment or services covered by medical insurance. For example, ambulance firms, independent laboratories, and organizations that rent or sell medical equipment are considered suppliers.

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vious year for each service and supply. However, increases in prevailing charges for doctors' services are limited from year to year by an "economic index" formula which relates doctors' fee increases to the actual increases in the cost of maintaining their practices and to raises in general earnings levels.

Then, when a medical insurance claim is submitted, the carrier compares the actual charge shown on the claim with the customary and prevailing charges for that service or supply. The charge approved by the carrier will be either the customary charge, the prevailing charge, or the actual charge, **whichever is lowest.**

If your doctor's or supplier's actual charge is higher than the charge approved by the carrier, this does not necessarily mean that his or her charges are unreasonable. Usually, when the Medicare approved charge is lower than the actual charge, it's because your doctor or supplier recently raised his or her charge and it has not been in effect long enough to be included in Medicare's annual review. In other cases, of course, the actual charge may be higher than the approved charge because the doctor or supplier has higher charges for the particular service or supply than most other doctors and suppliers in your area. Or, the doctors in your area may have increased some of their charges by larger amounts than Medicare can recognize under the "economic index" formula in the law.

**Ask about assignment.** When a doctor or supplier accepts an assignment of the medical insurance payment (see page 25), he or she agrees that the total charge to you for covered services will be the charge approved by the carrier. For this reason, always ask in advance whether the doctor or supplier will accept assignment. The Medicare law does not require doctors or suppliers to accept assignment. But many do, particularly when their patients have difficulty meeting medical expenses.



# How medical insurance payments are made

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There are two ways payments are made under Medicare medical insurance. The medical insurance payment can be made to the doctor or supplier. This payment method is called assignment. Or, the medical insurance payment can be made to you.

After you or the doctor or supplier sends in a medical insurance claim, Medicare will send you a notice called *Explanation of Medicare Benefits*\* to tell you the decision on the claim.

## **\*Explanation of Medicare Benefits notice**

This notice shows what services were covered, what charges were approved, how much was credited toward your \$75 deductible, and the amount Medicare paid. Please examine the notice carefully. If you believe payment was made for a service or supply you didn't receive, or the payment is otherwise questionable, you may call the carrier that handled your claim. You will find the carrier's **toll-free** number on the notice. Or, if you wish, you may take the notice to any Social Security office.

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## Assignment

The assignment method, in which the doctor or supplier receives the medical insurance payment, can be used **only** if you both agree to it. When the assignment method is used, the doctor or supplier agrees that his or her total charge for the covered service will be the charge approved by the Medicare carrier. Medicare pays your doctor or supplier 80 percent of the approved charge, after subtracting any part of the \$75 deductible you have not met. The doctor or supplier can charge you **only** for the part of the \$75 deductible you had not met and for the co-insurance, which is the remaining 20 percent of the approved charge. Of course, your doctor or supplier also can charge you for any services that Medicare does not cover.

## Payment to you

Under this payment method, Medicare pays you 80 percent of the approved charge, after subtracting any part of the \$75 deductible you haven't met. The doctor or supplier can bill you for his or her actual charge even if it is more than the charge approved by the carrier.

See page 51 to find out how to send in a claim for medical insurance payment.

# When a doctor treats you

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Medicare medical insurance can help pay for covered services you receive from your doctor in his or her office, in a hospital, in a skilled nursing facility, in your home, or any other location in the U.S. Your medical insurance can also help pay for doctors' services you receive in connection with covered inpatient care in a Canadian or Mexican hospital. See page 16 to find out about care in Canadian and Mexican hospitals.

After you meet the \$75 yearly medical insurance deductible, medical insurance pays 80 percent of the approved amount for covered services you receive from your doctor.

Payment can be made either to you or to your doctor. Page 25 describes the two payment methods.

## **Getting a second opinion before surgery**

Sometimes your doctor will recommend surgery for the treatment of a medical problem. In some cases, surgery is unavoidable. But there is increasing evidence that many conditions can be treated equally well without surgery. Because even minor surgery involves some risk, we recommend that you get a second doctor's opinion to help you decide about surgery. Medical insurance will help pay for a second opinion in the same way it pays for other services by doctors.

Your own doctor is the best source for referral to another doctor. But, if you wish, you can call Medicare's Second Opinion Referral Center for the names and phone numbers of doctors in your area who provide second opinions. The toll-free number is 1-800-638-6833 (in Maryland 1-800-492-6603).



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### **Major doctors' services covered by medical insurance**

*Medicare medical insurance can help pay for these services.*

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- 1 Medical and surgical services, including anesthesia
  - 2 Diagnostic tests and procedures that are part of your treatment
  - 3 Other services which are ordinarily furnished in the doctor's office and included in his or her bill, such as:
    - ▶ X-rays you receive as part of your treatment
    - ▶ Services of your doctor's office nurse
    - ▶ Drugs and biologicals that cannot be self-administered
    - ▶ Transfusions of blood and blood components
    - ▶ Medical supplies
    - ▶ Physical therapy and speech pathology services
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### **Some doctors' services not covered by medical insurance**

*Medicare medical insurance **cannot** pay for these services.*

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- 1 Routine physical examinations and tests directly related to such examinations
  - 2 Routine foot care
  - 3 Eye or hearing examinations for prescribing or fitting eyeglasses or hearing aids
  - 4 Immunizations (except pneumococcal vaccinations or immunizations required because of an injury or immediate risk of infection)
  - 5 Cosmetic surgery unless it is needed because of accidental injury or to improve the functioning of a malformed part of the body
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### **Radiology and pathology services by doctors**

While you are an inpatient in a qualified hospital, medical insurance will pay 100 percent of the approved charges for services by doctors in the fields of radiology and pathology, **if** the doctors accept assignment for all services they furnish to inpatients. Because the full approved charges are paid, they do not count toward meeting your \$75 deductible.

If the doctors do not accept assignment for all services to inpatients, then medical insurance will pay 80 percent of the approved charges for their services.

### **Outpatient treatment of mental illness**

Doctors' services you receive for outpatient treatment of a mental illness are covered under a special payment rule, **but the maximum amount medical insurance can pay for these services is \$250 in a year.** The medical insurance payment would be less than \$250 if charges for these services are used to meet part or all of your \$75 deductible.

### **Chiropractors' services**

Medical insurance helps pay for only one kind of treatment furnished by a licensed and Medicare-certified chiropractor. The **only** treatment that can be covered is manual manipulation of the spine to correct a subluxation that can be demonstrated by X-ray. Medical insurance does **not** pay for any other diagnostic or therapeutic services, including X-rays, furnished by a chiropractor.

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### **Podiatrists' services**

Medical insurance can help pay for any covered services of a licensed podiatrist, including the removal of plantar warts.

Medical insurance generally does **not** cover routine foot care such as hygienic care; treatment for flat feet or other structural misalignments of the feet; and removal of corns, calluses, and most warts. But, medical insurance can help pay for routine foot care **if** you have a medical condition affecting the lower limbs (such as severe diabetes) which requires that such care be performed by a podiatrist or a doctor of medicine or osteopathy.

### **Dental care**

Medical insurance can help pay for dental care **only if** it involves (1) surgery of the jaw or related structures, (2) setting fractures of the jaw or facial bones, or (3) services that would be covered when provided by a doctor. If you need to be hospitalized because of the severity of a dental procedure, Medicare can cover your hospital stay even if the dental care itself is not covered by Medicare.

Care in connection with the treatment, filling, removal, or replacement of teeth; root canal therapy; surgery for impacted teeth; and other surgical procedures involving the teeth or structures directly supporting the teeth generally are **not** covered.

### **Optometrists' services**

If an optometrist provides examination services related to the condition of aphakia (absence of the natural lens of the eye), medical insurance will cover the optometrist's services.



# Outpatient hospital services

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Medicare medical insurance helps pay for covered services you receive as an outpatient from a participating hospital for diagnosis or treatment of an illness or injury.

When you go to a hospital for outpatient services, be sure to show the people there your most recent *Explanation of Medicare Benefits* notice. From this form, they usually can tell how much of the \$75 deductible you have met.

The hospital will always file the claim for medical insurance payment. Medical insurance pays the hospital 80 percent of the approved amount for the covered services you received, after subtracting any of the \$75 deductible you have not met. The hospital will charge you for the part of the deductible you had not met plus 20 percent of the remaining approved amount.

If the hospital cannot tell how much of the \$75 deductible you have met and the charge for the services you received is less than \$75, the hospital may ask you to pay the entire bill. The amount you pay the hospital can be credited toward any part of the deductible you have not met, and any medical insurance payments due will be paid directly to you.

Under certain conditions, medical insurance can also help pay for emergency outpatient care you receive from a non-participating hospital.

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## **Major outpatient hospital services covered by medical insurance**

*Medicare medical insurance helps pay for these services.*

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- 1 Services in an emergency room or outpatient clinic
  - 2 Laboratory tests billed by the hospital
  - 3 X-rays and other radiology services billed by the hospital
  - 4 Medical supplies such as splints and casts
  - 5 Drugs and biologicals which cannot be self-administered
  - 6 Blood transfusions furnished to you as an outpatient
- 

## **Some outpatient hospital services not covered by medical insurance**

*Medicare medical insurance **cannot** pay for these services.*

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- 1 Routine physical examinations and tests directly related to such examinations
  - 2 Eye or ear examinations to prescribe or fit eyeglasses or hearing aids
  - 3 Immunizations (except pneumococcal vaccinations or immunizations required because of an injury or immediate risk of infection)
  - 4 Routine foot care
-

# Outpatient physical therapy and speech pathology services

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Medicare medical insurance can help pay for medically necessary outpatient physical therapy or speech pathology services. There are three different ways you can receive these services under medical insurance.

You may receive physical therapy or speech pathology services as part of your treatment in a doctor's office. In this case, the doctor must include the charge for the services in the bill. Medical insurance will pay 80 percent of the approved charges after the \$75 yearly deductible has been met. Either you or the doctor can submit the claim as described on page 51.

You may receive services directly from an independently practicing, Medicare-certified physical therapist in his or her office or in your home if such treatment is prescribed by a doctor. But, **the maximum amount medical insurance can pay for these services is \$400 a year.** The medical insurance payment would be less than \$400 if charges for these services are used to meet part or all of your \$75 deductible. Either you or the physical therapist can submit the claim as described on page 51.

You may receive physical therapy or speech pathology services as an outpatient of a participating hospital or skilled nursing facility, or from a home health agency, clinic, rehabilitation agency, or public health agency approved by Medicare. The services must be furnished under a plan which your doctor sets up and periodically reviews. For outpatient speech pathology services, a speech pathologist can establish the plan for treatment. The organization providing services always submits the claim and may only charge you for any part of the \$75 deductible you had not met, 20 percent of the remaining approved amount, and any non-covered services.



# Other services and supplies covered by medical insurance

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Medicare medical insurance also helps pay for other services and supplies which are described in this chapter. Medical insurance will pay 80 percent of the approved charges for these covered services and supplies after you have met the \$75 yearly deductible. Usually, when these services and supplies are furnished by a hospital, skilled nursing facility, or home health agency, it will make the claim for medical insurance payment. Otherwise, you or the supplier submits the claim. Page 51 tells you how medical insurance claims are submitted.

## **Independent laboratory services**

Medical insurance can help pay for diagnostic tests provided by independent laboratories. The laboratory must be certified by Medicare for the services you receive. Not all laboratories are certified by Medicare and some laboratories are certified only for certain kinds of tests. Your doctor can usually tell you which laboratories are certified and whether the tests he or she is prescribing from a certified laboratory are covered by medical insurance.

## **Ambulance transportation**

Medical insurance can help pay for medically necessary ambulance transportation but **only** if (1) the ambulance, equipment, and personnel meet Medicare requirements, and (2) transportation in any other vehicle could endanger the patient's health.

Under these conditions, medical insurance can help pay for ambulance transportation from the scene of an accident to a hospital, from your home to a hospital or skilled nursing facility, between hospitals and skilled nursing facilities, or from a hospital or skilled nursing facility to your home. Medical insurance **cannot** pay for ambulance use from your home to a doctor's office.

---

Medical insurance usually can help pay for ambulance transportation only in your local area. But, if there are no local facilities equipped to provide the care you need, medical insurance will help pay for necessary ambulance transportation to the closest facility outside your local area that can provide the necessary care. If you choose to go to another institution that is farther away, Medicare payment still will be based on the reasonable charge for transportation to the closest facility.

Necessary ambulance services in connection with a covered inpatient stay in a Canadian or Mexican hospital (see page 16) can also be covered by medical insurance.

### **Prosthetic devices**

Medical insurance helps pay for prosthetic devices needed to substitute for an internal body organ. These include heart pacemakers, Medicare-approved corrective lenses needed after a cataract operation, colostomy or ileostomy bags and certain related supplies, and breast prostheses (including a surgical brassiere) after a mastectomy. Medical insurance can also help pay for artificial limbs and eyes, and for arm, leg, back, and neck braces. Orthopedic shoes are covered **only** when they are part of leg braces and the cost is included in the orthopedist's charge. Dental plates or other dental devices are **not** covered.

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## **Durable medical equipment**

Medical insurance can help pay for durable medical equipment such as oxygen equipment, wheelchairs, home dialysis systems, and other medically necessary equipment that your doctor prescribes for use in your home. (A facility that mainly provides skilled nursing or rehabilitation services cannot be considered your home.)

If you rent, medical insurance will help pay the approved rental charges for as long as the equipment is medically necessary.

If you buy, whether you pay the entire purchase price in a lump sum or pay in installments, medical insurance will usually make monthly payments until its share of the approved purchase price is paid or until the equipment is no longer medically necessary, whichever comes first. If your need for the equipment is expected to continue for a long time, however, Medicare can pay its share in a lump sum.



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### **Portable diagnostic X-ray services**

Medical insurance helps pay the approved charges for portable diagnostic X-ray services you receive in your home **if** they are ordered by a doctor and **if** they are provided by a Medicare-certified supplier.

### **Medical supplies**

Medical insurance can also help pay for surgical dressings, splints, casts, and similar medical supplies ordered by a doctor in connection with your medical treatment. This does **not** include adhesive tape, antiseptics, or other common first-aid supplies.

### **Preadmission diagnostic testing**

Medical insurance will pay the full approved charges for diagnostic services you receive in a hospital's outpatient department or a doctor's office within 7 days prior to your admission as a hospital inpatient.

### **Pneumococcal vaccine**

Medical insurance will pay the full approved charges for pneumococcal vaccine and its administration. The \$75 deductible does not apply to this service.

# Home health care under Medicare

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If you need part-time skilled health care in your home for the treatment of an illness or injury, Medicare can pay for covered home health visits furnished by a participating home health agency\*. (A facility that mainly provides skilled nursing or rehabilitation services cannot be considered your home.)

Medicare can pay for home health visits only if **all** of the following four conditions are met: (1) the care you need includes part-time skilled nursing care, physical therapy, or speech therapy, (2) you are confined to your home, (3) a doctor determines you need home health care and sets up a home health plan for you, and (4) the home health agency providing services is participating in Medicare.

Once these conditions are met, either hospital insurance or medical insurance can pay for an unlimited number of home health visits. When you no longer need part-time skilled nursing care, physical therapy, or speech therapy, Medicare can continue to pay for home health visits **if** you need occupational therapy.

Medicare does **not** cover general household services, meal preparation, shopping, assistance in bathing or dressing, or other home care services furnished mainly to assist people in meeting personal, family, or domestic needs.

## **\*Home health agency**

A home health agency is a public or private agency that specializes in giving skilled nursing services and other therapeutic services, such as physical therapy, in your home.

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## **Home health services covered by Medicare**

*Medicare can pay for these services.*

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- 1 Part-time skilled nursing care
- 2 Physical therapy
- 3 Speech therapy

If you need part-time skilled nursing care, physical therapy, or speech therapy, Medicare can also pay for:

- ▶ Occupational therapy
  - ▶ Part-time services of home health aides
  - ▶ Medical social services
  - ▶ Medical supplies and equipment provided by the agency
- 

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## **Home health services not covered by Medicare**

*Medicare **cannot** pay for these services.*

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- 1 Full-time nursing care at home
  - 2 Drugs and biologicals
  - 3 Meals delivered to your home
  - 4 Homemaker services
  - 5 Blood transfusions
-



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Medicare pays the full approved cost of all covered home health visits. You may be charged only for any services or costs that Medicare does not cover.

The home health agency will submit the claim for payment. You don't have to send in any bills yourself.

# Medicare coverage of blood

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Both hospital insurance and medical insurance can help pay for blood (whole blood or units of packed red blood cells), blood components, and the cost of blood processing and administration.

If you receive blood as an inpatient of a hospital or skilled nursing facility, hospital insurance can pay all of these blood costs, **except for any nonreplacement fees charged for the first 3 pints of whole blood or units of packed red cells in each benefit period.** The nonreplacement fee is the charge that some hospitals and skilled nursing facilities make for blood which is not replaced.

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You are responsible for the nonreplacement fees for the first 3 pints or units of blood furnished by a hospital or skilled nursing facility. If you are charged nonreplacement fees, you have the option of either paying the fees or having the blood replaced. If you choose to have the blood replaced, you can either replace the blood personally or arrange to have another person or a blood assurance plan replace it for you. A hospital or skilled nursing facility **cannot** charge you for any of the first 3 pints of blood you replace or arrange to replace.

Medical insurance can help pay for blood and blood components you receive as an outpatient or as part of other covered services, **except for any nonreplacement fees charged for the first 3 pints or units received in each calendar year.** After you have met the \$75 annual deductible, medical insurance pays 80 percent of the approved charges for blood starting with the fourth pint in a calendar year.



# Your right of appeal

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If you disagree with a decision on the amount Medicare will pay on a claim or whether services you received are covered by Medicare, you always have the right to ask for a review of the decision.

Under Medicare hospital insurance, the health facility that provides the services submits the claim for payment. Medicare will send you a notice of the decision made on the claim. If you feel that the decision is not correct, you can ask for a review of the claim. Any Social Security office can help you request a review. If you are still not satisfied after the review and if the amount Medicare would pay if the appeal were fully allowed is \$100 or more, you can ask for a formal hearing. Cases that involve \$1,000 or more can eventually be appealed to a Federal court.

Under Medicare medical insurance, either you or the doctor or supplier submits the claim for payment. Medicare will send you a notice of the decision made on the claim. If you disagree with the decision, you can ask the Medicare carrier that handled the claim to review it. Then, if you still disagree with the decision and if the amount Medicare would pay if the appeal were fully allowed is \$100 or more, you can request a hearing by the carrier. To reach the \$100 amount, you can count other claims that you have had reviewed within the past 6 months. The decision of the carrier hearing officer is final. Under the medical insurance program, the law does not provide for Federal court review.

The notice you receive from Medicare which tells you of the decision made on your claim will also tell you exactly what appeal steps you can take. If you ever need more information about your right of appeal and how to request it, call any Social Security office or the Medicare intermediary or carrier that made the decision.

# If you are a member of a prepayment plan

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Prepayment plans make health services available to their members in a special way. Generally, each member pays regular premiums to the plan. The member can then receive health services the plan provides, whenever he or she needs them, without additional charges. In some plans, small charges are made for certain services, such as drugs or home visits.

Many prepayment plans have made arrangements with Medicare to receive direct payments for services they furnish which are covered under the medical insurance part of Medicare. Some prepayment plans have contracts with Medicare as Health Maintenance Organizations and can receive direct payment for services covered by either hospital insurance or medical insurance.

If you are a member of a prepayment plan, ask the people in charge of the plan what arrangements have been made for Medicare payments. Find out, too, what you should do when you get health services that are not provided by the plan.

If you want to know whether there are any Health Maintenance Organizations or other types of prepayment plans in your area, call any Social Security office.

# What Medicare does not cover

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This alphabetical list shows most of the major services and supplies that Medicare usually does not pay for. Items shown in blue can be covered by Medicare only under the conditions described here or on the pages indicated.

Acupuncture

Foot care that is routine  
(See page 29)

Chiropractic services  
(See page 28)

Foreign health care  
(See page 16)

Christian Science  
practitioners' services

Hearing aids and hearing  
examinations for  
prescribing, fitting, or  
changing hearing aids

Cosmetic surgery  
(See page 27)

Custodial care

Homemaker services

Dental care  
(See page 29)

Immunizations except  
pneumococcal vaccinations  
or immunizations required  
because of an injury or  
immediate risk of infection

Drugs and medicines you  
buy yourself with or  
without a doctor's  
prescription

Injections which can be  
self-administered, such as  
insulin

Eyeglasses and eye  
examinations for  
prescribing, fitting, or  
changing eyeglasses  
(See page 34 for  
coverage of eyeglasses  
after a cataract  
operation)

Meals delivered to your  
home

Naturopaths' services



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Nursing care on full-time basis in your home

Orthopedic shoes unless they are part of a leg brace and are included in the orthopedist's charge

Personal convenience items that you request such as a phone, radio, or television in your room at a hospital or skilled nursing facility

Physical examinations that are routine and tests directly related to such examinations

Private duty nurses

Private room (See table on page 13 or 20)

Services performed by immediate relatives or members of your household

Services which are not reasonable and necessary

Services payable by workers' compensation (including black lung benefits) or another government program

Services for which neither the patient nor another party on his or her behalf has a legal obligation to pay

Supportive devices for the feet

# How to get the part of Medicare you do not have

---

Most people who have Medicare hospital insurance do not pay monthly premiums for this protection. They have hospital insurance because of credits for work under Social Security.

If you have Medicare hospital insurance but do not have the medical insurance part of Medicare, you can sign up for medical insurance during a general enrollment period. A general enrollment period is held January 1 through March 31 each year. If you enroll during a general enrollment period, your monthly premium will be 10 percent higher than the basic premium\* for each 12-month period you could have had medical insurance but were not enrolled. Also, your protection will not start until July 1 of the year you enroll.

## **\*Medical insurance premium**

The basic medical insurance premium is \$11 a month through June 30, 1982. Under the law, the premium can be raised only if there has been a general increase in Social Security cash benefits during the previous year. The basic premium is increased by the same percentage that Social Security benefits are increased. Then, the premium amount is rounded to the nearest multiple of 10 cents. For the year starting July 1, 1981, the Federal Government will pay more than two-thirds of the medical insurance premium cost.

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If you are 65 or older and have Medicare medical insurance but not the hospital insurance part, you can get hospital insurance by paying a monthly premium. You can sign up for hospital insurance during a general enrollment period—January 1 through March 31 each year. If you enroll during a general enrollment period, your monthly premium will be 10 percent higher than the basic premium\* for each 12-month period you could have had hospital insurance but were not enrolled. Also, your protection will not begin until July 1 of the year you enroll.

Your Social Security office can answer any questions you may have on how to get the part of Medicare you do not have now.

**\*Hospital insurance premium**

The basic hospital insurance premium is \$89 a month through June 30, 1982. This premium represents the present cost of Medicare hospital insurance protection. This premium may go up if the costs of hospital care rise. Under the law, however, hospital insurance premiums cannot be changed more often than once a year.



# Events that can end your Medicare protection

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## If you are 65 or older

If you have Medicare hospital insurance because you are entitled to Social Security benefits on your husband's or wife's work record, your protection will end if your entitlement to benefits ends. If you have hospital insurance because you are entitled to benefits on your own work record, your protection will continue as long as you live.

Your medical insurance protection will stop if your premiums are not paid or if you voluntarily cancel. If you are thinking about cancelling your medical insurance, remember that you may not be able to get private insurance that offers the same protection. Also, if you cancel your medical insurance and then later decide to re-enroll, your premium will be higher.

If you are buying hospital insurance, you will lose its protection if you cancel your medical insurance. People who buy hospital insurance **must** enroll and pay the premium for medical insurance. But, you can cancel your hospital insurance and still continue your medical insurance.

If you want more information about cancelling your Medicare protection, get in touch with any Social Security office.

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### **If you are disabled**

If you have Medicare because you are disabled, your protection will end if your disability benefits stop because you recover from your disability before you are 65. If your disability benefits stop because you are working but you have not recovered from your disability, your Medicare protection may continue for up to 36 months after your monthly benefits stop.

As long as you are eligible to receive disability checks, you will have the protection of hospital insurance. If you ever want to cancel your medical insurance, call any Social Security office.

### **If you have permanent kidney failure**

If you have Medicare because of permanent kidney failure, your protection will end 12 months after the month maintenance dialysis treatment stops or 36 months after the month you have a kidney transplant.

Your medical insurance protection could stop before that for failure to pay premiums or if you decide to cancel. Call any Social Security office if you ever want to cancel your medical insurance protection.

# Buying private health insurance to supplement Medicare

---

Medicare provides basic protection against the high cost of health care, but it will not pay all of your medical expenses. For this reason, many private insurance companies sell insurance to supplement Medicare. The Federal Government does **not** sell or service such insurance.

If you are thinking about buying private insurance to supplement your Medicare protection, please examine the policy carefully. Make certain it does not simply duplicate your Medicare coverage.

If you want help in deciding whether to buy private supplementary insurance, call any Social Security office and ask for the pamphlet, *Guide to health insurance for people with Medicare*. This free pamphlet, published by the Health Care Financing Administration, describes the various kinds of supplemental insurance available and explains how they relate to Medicare coverage.



# How to submit medical insurance claims

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A *Patient's Request for Medicare Payment* form, also called Form 1490S, must be submitted to the Medicare carrier in order for medical insurance to pay for covered services of doctors and suppliers. All Social Security offices and Medicare carriers, and most doctors' offices, have copies of the form. Instructions on how to fill it out are on the back of the form.

If the doctor or supplier is willing to use the assignment method of payment, he or she submits the claim.

If the doctor or supplier does not accept assignment, you submit the claim, using the *Patient's Request for Medicare Payment* form. Complete and sign the form **and** attach itemized bills for the services you received.

An itemized bill **must** show (1) the date you received the services, (2) the place where you received the services, (3) a description of the services, (4) the charge for each service, (5) the doctor or supplier who provided the services, and (6) your name **and** your health insurance claim number, **including** the letter at the end of the number. If the bill doesn't include all of this information, your payment will be delayed. It is also helpful if the nature of your illness (diagnosis) is shown on the bill. If you are submitting a claim for the rental or purchase of durable medical equipment, you must include the bill from the supplier **and** the doctor's prescription. The prescription must show the equipment you need, the medical reason for the need, and an estimate of how long the equipment will be medically necessary.

You may submit a number of itemized bills with a single *Patient's Request for Medicare Payment* form. It doesn't matter whether all the bills are from one doctor or supplier or from different people who gave you services. You can send in the bills either before or after you pay them.

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Before any medical insurance payment can be made, your record must show that you have met the yearly deductible. So, as soon as your bills come to \$75, send them to your Medicare carrier with a *Patient's Request for Medicare Payment* form. Page 54 will tell you where to send your claim. Once you have met the \$75 deductible, we suggest that you send in your future bills for covered services as soon as you get them so that Medicare payment can be made promptly.

If all your medical bills for the year amount to less than \$75, medical insurance cannot pay any part of your bills for that year.

It's a good idea to keep a record of your medical insurance claim in case you ever want to inquire about it. You can get a free folder to keep track of your medical insurance claims and to hold all your Medicare records. Just call any Social Security office and ask for *Your Medicare Recordkeeper*.

### **Claims for a person who dies**

When someone who has Medicare dies, any hospital insurance payments due will be paid directly to the hospital, skilled nursing facility, or home health agency that provided covered services.

For services covered under medical insurance, some special rules apply, depending on whether or not the doctor's or supplier's bill has been paid.

If the bill was paid by the patient or with funds from the patient's estate, payment will be made either to the estate representative or to a surviving member of the patient's immediate family. If someone other than the patient paid the bill, payment may be made to that person.

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If the bill has not been paid and the doctor or supplier does not accept assignment, the medical insurance payment can be made to the person who has a legal obligation to pay the bill for the deceased patient. The person can claim the medical insurance payment either before or after paying the bill.

The Medicare carrier or any Social Security office can provide additional information about how to claim a medical insurance payment after a patient dies.

### **Time limits for submitting claims**

Under the law, there are some time limits for submitting medical insurance claims. For medical insurance to make payments on your claims, you must send in your claims within these time limits. You always have at least 15 months to submit claims. The table below tells you exactly what the time limits are.

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**For services you  
receive between**

**Your claim must be  
submitted by**

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October 1, 1980, and  
September 30, 1981

December 31, 1982

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October 1, 1981, and  
September 30, 1982

December 31, 1983

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October 1, 1982, and  
September 30, 1983

December 31, 1984

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# Where to send your medical insurance claims

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The list beginning on the next page gives the names and addresses of the Medicare carriers selected to handle medical insurance claims. In most cases, one carrier handles claims for an entire State. But some carriers handle claims for only part of a State. To find out where to send your medical insurance claim, look in the list for the State **where you received the services**. Under the name of the State, you will find the name of the carrier that will handle your claim. If there is more than one carrier in the State, look for the **county** where you received services to find the carrier that will handle your claim. (See page 51 to find out how to submit medical insurance claims.)

If you are not sure where to send your first claim and happen to send it to the wrong office, your claim will be sent on to the right place.

Whenever you send in a claim, be sure to include the word “Medicare” in the carrier’s address on the envelope. Also, be sure to put **your** return address and a stamp on the envelope.

After you make a claim, the carrier will usually send you another *Patient’s Request for Medicare Payment* form for your next claim. The form will usually show the carrier’s name and address in the top left-hand corner. If you ever need to file a medical insurance claim and don’t have a claim form, you can get one by phoning the Medicare carrier or a Social Security office.

**Note:** If you are entitled to Medicare under the railroad retirement system, send your medical insurance claims to The Travelers Insurance Company office which serves your region. Regional offices of The Travelers are listed in *Your Medicare Handbook for Railroad Retirement Beneficiaries*, which is available at any railroad retirement office.

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## **Alabama**

Medicare  
Blue Cross-Blue Shield of  
Alabama  
P.O. Box C-140  
Birmingham, Alabama 35205

## **Alaska**

Medicare  
Aetna Life & Casualty  
Crown Plaza  
1500 S.W. First Avenue  
Portland, Oregon 97201

## **Arizona**

Medicare  
Aetna Life & Casualty  
Medicare Claim Administration  
3010 West Fairmount Avenue  
Phoenix, Arizona 85017

## **Arkansas**

Medicare  
Arkansas Blue Cross and Blue  
Shield  
P.O. Box 1418  
Little Rock, Arkansas 72203

## **California**

*Counties of: Los Angeles,  
Orange, San Diego, Ventura,  
Imperial, San Luis Obispo,  
Santa Barbara*

Medicare  
Transamerica Occidental Life  
Insurance Co.  
Box 54905  
Terminal Annex  
Los Angeles, California 90054

### *Rest of State:*

Medicare  
Blue Shield of California  
P.O. Box 7968, Rincon Annex  
San Francisco, California 94120

## **Colorado**

Medicare  
Blue Shield of Colorado  
700 Broadway  
Denver, Colorado 80273

## **Connecticut**

Medicare  
Connecticut General Life  
Insurance Co.  
100 Barnes Road, North  
Wallingford, Connecticut 06492

## **Delaware**

Medicare  
Pennsylvania Blue Shield  
P.O. Box 65  
Camp Hill, Pennsylvania 17011

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## **District of Columbia**

Medicare  
Pennsylvania Blue Shield  
P.O. Box 100  
Camp Hill, Pennsylvania 17011

## **Florida**

*Counties of: Dade, Monroe*

Medicare  
Group Health, Inc.  
P.O. Box 341370  
Miami, Florida 33134

*Rest of State:*

Medicare  
Blue Shield of Florida, Inc.  
P.O. Box 2525  
Jacksonville, Florida 32231

## **Georgia**

The Prudential Insurance Co. of  
America  
Medicare Part B  
P.O. Box 95466  
Executive Park Station  
Atlanta, Georgia 30347

## **Hawaii**

Medicare  
Aetna Life & Casualty  
P.O. Box 3947  
Honolulu, Hawaii 96812

## **Idaho**

Medicare  
The Equitable Life Assurance  
Society  
P.O. Box 8048  
Boise, Idaho 83707

## **Illinois**

E.D.S. Federal Corp.  
Medicare Claims  
P.O. Box 66906  
Chicago, Illinois 60666

## **Indiana**

Medicare Part B  
120 West Market Street  
Indianapolis, Indiana 46204

## **Iowa**

Medicare  
Iowa Medical Service  
636 Grand  
Des Moines, Iowa 50307

## **Kansas**

*Counties of: Johnson,  
Wyandotte*

Medicare  
Blue Shield of Kansas City  
P.O. Box 169  
Kansas City, Missouri 64141

*Rest of State:*

Medicare  
Blue Shield of Kansas  
P.O. Box 239  
Topeka, Kansas 66601



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## **Kentucky**

Medicare  
Metropolitan Life Insurance Co.  
1218 Harrodsburg Road  
Lexington, Kentucky 40504

## **Louisiana**

Medicare  
Pan-American Life Insurance  
Co.  
P.O. Box 60450  
New Orleans, Louisiana 70160

## **Maine**

Medicare  
Blue Shield of Massachusetts-  
Maine  
P.O. Box 1010  
Biddeford, Maine 04005

## **Maryland**

*Counties of: Montgomery,  
Prince Georges*

Medicare  
Pennsylvania Blue Shield  
P.O. Box 100  
Camp Hill, Pennsylvania 17011  
*Rest of State:*

Maryland Blue Shield, Inc.  
700 East Joppa Road  
Towson, Maryland 21204

## **Massachusetts**

Medicare  
Blue Shield of Massachusetts,  
Inc.  
55 Accord Park Drive  
Rockland, Massachusetts 02371

## **Michigan**

Medicare  
Blue Shield of Michigan  
P.O. Box 2201  
Detroit, Michigan 48231

## **Minnesota**

*Counties of: Anoka, Dakota,  
Filmore, Goodhue, Hennepin,  
Houston, Olmstead, Ramsey,  
Wabasha, Washington, Winona*

Medicare  
The Travelers Insurance  
Company  
8120 Penn Avenue, South  
Bloomington, Minnesota 55431

*Rest of State:*

Medicare  
Blue Shield of Minnesota  
P.O. Box 43357  
St. Paul, Minnesota 55164

## **Mississippi**

Medicare  
The Travelers Insurance Co.  
P.O. Box 22545  
Jackson, Mississippi 39205

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## Missouri

*Counties of: Andrew, Atchison, Bates, Benton, Buchanan, Caldwell, Carroll, Cass, Clay, Clinton, Daviess, DeKalb, Gentry, Grundy, Harrison, Henry, Holt, Jackson, Johnson, Lafayette, Livingston, Mercer, Nodaway, Pettis, Platte, Ray, St. Clair, Saline, Vernon, Worth*  
Medicare

Blue Shield of Kansas City  
P.O. Box 169  
Kansas City, Missouri 64141

### *Rest of State:*

Medicare  
General American Life  
Insurance Co.  
P.O. Box 505  
St. Louis, Missouri 63166

## Montana

Medicare  
Montana Physicians' Service  
P.O. Box 4310  
Helena, Montana 59601

## Nebraska

Medicare  
Mutual of Omaha Insurance  
Co.  
P.O. Box 456, Downtown  
Station  
Omaha, Nebraska 68101

## Nevada

Medicare  
Aetna Life & Casualty  
P.O. Box 11260  
Phoenix, Arizona 85017

## New Hampshire

Medicare  
New Hampshire-Vermont  
Physician Service  
Two Pillsbury Street  
Concord, New Hampshire 03306

## New Jersey

Medicare  
The Prudential Insurance Co. of  
America  
P.O. Box 3000  
Linwood, New Jersey 08221

## New Mexico

Medicare  
The Equitable Life Assurance  
Society  
P.O. Box 3070, Station D  
Albuquerque, New Mexico  
87110

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## **New York**

*Counties of: Bronx, Columbia, Delaware, Dutchess, Greene, Kings, Nassau, New York, Orange, Putnam, Richmond, Rockland, Suffolk, Sullivan, Ulster, Westchester*

Medicare

Blue Cross-Blue Shield of Greater New York

P.O. Box 458

Murray Hill Station

New York, New York 10016

*County of: Queens*

Medicare

Group Health, Inc.

P.O. Box A966,

Times Square Station

New York, New York 10036

*Rest of State:*

Medicare

Blue Shield of Western New York

P.O. Box 600

Binghamton, New York 13902

## **North Carolina**

The Prudential Insurance Co. of America

Medicare B Division

P.O. Box 2126

High Point, North Carolina

27261

## **North Dakota**

Medicare

Blue Shield of North Dakota

4510 13th Avenue, S.W.

Fargo, North Dakota 58121

## **Ohio**

Medicare

Nationwide Mutual Insurance Co.

P.O. Box 57

Columbus, Ohio 43216

## **Oklahoma**

Medicare

Aetna Life & Casualty

Jamestown Office Park

3031 N.W. 64th Street

Oklahoma City, Oklahoma

73116

## **Oregon**

Medicare

Aetna Life & Casualty

Crown Plaza

1500 S.W. First Avenue

Portland, Oregon 97201

## **Pennsylvania**

Medicare

Pennsylvania Blue Shield

Box 65 Blue Shield Bldg.

Camp Hill, Pennsylvania 17011



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### **Rhode Island**

Medicare  
Blue Shield of Rhode Island  
444 Westminster Mall  
Providence, Rhode Island 02901

### **South Carolina**

Medicare  
Blue Shield of South Carolina  
Drawer F, Forest Acres Branch  
Columbia, South Carolina  
29260

### **South Dakota**

Medicare  
Blue Shield of North Dakota  
4510 13th Avenue, S.W.  
Fargo, North Dakota 58121

### **Tennessee**

Medicare  
The Equitable Life Assurance  
Society  
P.O. Box 1465  
Nashville, Tennessee 37202

### **Texas**

Medicare  
Group Medical and Surgical  
Service  
P.O. Box 222147  
Dallas, Texas 75222

### **Utah**

Medicare  
Blue Cross and Blue  
Shield of Utah  
P.O. Box 30270  
2455 Parley's Way  
Salt Lake City, Utah 84125

### **Vermont**

Medicare  
New Hampshire-Vermont  
Physician Service  
Two Pillsbury Street  
Concord, New Hampshire 03306

### **Virginia**

*Counties of: Arlington, Fairfax*  
*Cities of: Alexandria, Falls*  
*Church, Fairfax*

Medicare  
Pennsylvania Blue Shield  
P.O. Box 100  
Camp Hill, Pennsylvania 17011

*Rest of State:*

Medicare  
The Travelers Insurance Co.  
P.O. Box 26463  
Richmond, Virginia 23261

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## **Washington**

Medicare

Washington Physicians' Service

Mail to your local

Medical Service Bureau

*If you do not know which  
bureau handles your claim, mail  
to:*

Medicare Washington Physi-  
cians' Service

4th and Battery Bldg., 6th floor

2401 4th Avenue

Seattle, Washington 98121

## **West Virginia**

Medicare

Nationwide Mutual Insurance  
Co.

P.O. Box 57

Columbus, Ohio 43216

## **Wisconsin**

Medicare

Wisconsin Physicians' Service  
Box 1787

Madison, Wisconsin 53701

## **Wyoming**

Medicare

The Equitable Life Assurance  
Society

P.O. Box 628

Cheyenne, Wyoming 82001

## **American Samoa**

Medicare

Aetna Life & Casualty

P.O. Box 3947

Honolulu, Hawaii 96812

## **Guam**

Medicare

Aetna Life & Casualty

P.O. Box 3947

Honolulu, Hawaii 96812

## **Puerto Rico**

Medicare

Seguros De Servicio De Salud  
De Puerto Rico

G.P.O. Box 3628

San Juan, Puerto Rico 00936

## **Virgin Islands**

Medicare

Seguros De Servicio De Salud  
De Puerto Rico

G.P.O. Box 3628

San Juan, Puerto Rico 00936





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